

Aris Venezuelan Food - Allergens Guide

Dish	Gluten	Lactose	Egg	Fish/Seafood	Soy	Peanuts	Tree Nuts	Sesame
Empanada - Shredded Chicken	✓	✓	✗	✓	✓	✓	✓	✓
Empanada - Ground Beef	✓	✓	✓	✓	✓	✓	✓	✓
Empanada - Cheese	✓	✗	✓	✓	✓	✓	✓	✓
Empanada - Marinera (Seafood)	✓	✓	✓	✗	✓	✓	✓	✓
Tequeños	✗	✗	✓	✓	✓	✓	✓	✓
Club House Sandwich	✗	✗	✗	✓	✓	✓	✓	✓
Pabellon	✓	✗	✓	✓	✓	✓	✓	✓
Arepa - Shredded Chicken	✓	✓	✓	✓	✓	✓	✓	✓
Arepa - Shredded Beef	✓	✓	✓	✓	✓	✓	✓	✓
Arepa - Reina Pepiada	✓	✓	✗	✓	✓	✓	✓	✓
Arepa - Catira	✓	✗	✓	✓	✓	✓	✓	✓
Arepa - Pelua	✓	✗	✓	✓	✓	✓	✓	✓
Arepa - Domino	✓	✗	✓	✓	✓	✓	✓	✓
Arepa - Pico de Gallo	✓	✗	✓	✓	✓	✓	✓	✓
Papas Mixtas	✓	✗	✓	✓	✓	✓	✓	✓
Cachapa - Cheese	✓	✗	✓	✓	✓	✓	✓	✓
Cachapa - Cheese & Chicken	✓	✗	✓	✓	✓	✓	✓	✓
Cachapa - Cheese & Beef	✓	✗	✓	✓	✓	✓	✓	✓
Burger - Classic	✗	✗	✗	✓	✓	✓	✓	✓
Burger - Titi	✗	✗	✗	✓	✓	✓	✓	✓
Burger - Aris	✗	✗	✗	✓	✓	✓	✓	✓
Torta de Piña	✗	✓	✗	✓	✓	✓	✓	✓